



SEEING With the Eyes of God

Week Seven ACTIVITY TRIP ITINERARY with clickable links
KICK OFF: For your summer journey of faith, if you did not already, start by downloading the color sheet, trail mix blessing, destination & Bingo Card from

<https://saintpiustenth.org/family-summer-journey-of-faith-seeing-with-the-eyes-of-god/>.

The blessing will send you forth, fortified for the journey both spiritually and physically and the color sheet will give each member of your household a personalized logo for your journey; decorate to represent you!

Every week, our “Weekly Destinations” & Travel Bingo Card will help you on the journey.

Choose them all or choose just one and try the coordinating activity!

As you make your way through the trip itinerary, please right click on any underlined words to take you directly to an internet link by choosing OPEN HYPERLINK!

Week of August 9

Theme	Take Courage! God meets us in the most unexpected places.
Scripture	1Kings 19:9a,11-13a; Psalm 85; Romans 9:1-5; Matthew 14:22-33
Science	<p>Try this experiment: <u>CALMING OUR WORRIES</u></p> <p>What you will need: Glass Jar w/ vinegar = us; Baking Soda = our worries; Mixed together it becomes too much; Add Oil=God... it calms the reaction down</p> <p>Explain: sometimes we feel worried and that nothing can help us, but when we add God we are able to worry a little less!</p>
Arts/Craft	<p>Try these activities!</p> <p>Family Handprint Prayers; Courage Jars; and Foam Cup Lion Face.</p> <p><i>You can find the handout at our Seeing with the Eyes of God webpage</i></p> <p>https://saintpiustenth.org/family-summer-journey-of-faith-seeing-with-the-eyes-of-god/</p>
Music	<p>Make a Difference</p> <p>Filled With Your Glory</p> <p>Go Make a Difference</p> <p>Still</p>
Movement /Game	<p>Cool down with a Sponge water relay—</p> <p>2 buckets... one full with enough sponges for each participant and another empty bucket at the opposite end.</p> <p>You can either time how long it takes the group to fill the empty bucket OR create a race with 2 sets of buckets... team 1 vs. team 2</p>
Snack	<p>Blue Jello Cups & Swedish Fish;</p> <p>apple slices with pretzel stuck in it and</p> <p>a triangle piece of cheese for a sail</p>
Service	<p>COVID-19 has heightened the anxiety of so many.</p> <p>Take the time this week to reach out to a friend OR</p> <p>to commit to making a phone call to an individual in your parish who is alone and may not have a lot of one to one contact.</p> <p>Download this handy card to help you share ways others can alleviate stress:</p> <p>Tips for managing stress</p>

Prayer	<p><u>Mary, Undoer of Knots</u></p> <p>Click on link or download from our <i>Seeing with the Eyes of God</i> webpage</p> <p><u>https://saintpiustenth.org/family-summer-journey-of-faith-seeing-with-the-eyes-of-god/</u></p>
Reflections from the Hammock	<p>It can be easy to have doubts when the world is in turmoil.</p> <p>We all experience those moments of fear and isolation from God.</p> <p>As you reflect this week, focus on the temptations you have had to fear that God is not walking alongside us on this tumultuous journey.</p> <p>Are you able to see the presence of God, even in the midst of crisis?</p> <p>Where has God been revealed to you lately?</p>